



Position	Board Member
Reports to	Chair
Location	Hybrid meetings – virtual or in person at Thriving in Motion HQ, Osborne Park, WA
Direct Reports	N/A
Date Reviewed	November 2025
Approved	Chair
Remuneration	Voluntary
Meetings	The board holds 4 meetings per year + 2 strategy meetings. Meetings are held virtually except for the AGM and strategy meetings, and are typically held after business hours.

Position Purpose

The non-executive board director position is a member of the Thriving in Motion governing board. The overarching purpose of the position is to oversee good governance of organisation and support the CEO in delivering the strategic plan. To achieve this purpose, the key responsibilities are:

1. Ensuring that the board fulfils its fiduciary duties, and the organisation is solvent.
2. Long term strategy is clear, and the organisation's resources are aligned accordingly.
3. Headline risks are maximised and managed to achieve long term impact and sustainability.

Board directors bring expertise, behavioural capabilities and lived experience, and the capacity to support our mission, all of which are essential to the success of Thriving in Motion.

We are seeking passionate, strategic, and committed individuals to join our Board of Directors. This is a unique opportunity to contribute to the governance and strategic direction of a leading child and youth health charity, playing a pivotal role in shaping our future impact and ensuring our continued success in supporting young people.

As a Board Member, you will work collaboratively with a diverse group of professionals, providing oversight, guidance, and expertise to help us achieve our mission and navigate the evolving landscape of youth support.

Organisation Overview

Thriving in Motion is a not-for-profit association that uses exercise expertise to improve the health of children, young people and families. Thriving provides exercise and health services to young people and families, collaborates on research to develop evidence-based exercise, and provides education for young people, the community and health professionals. We celebrate uniqueness and diversity and offer an inclusive and fun exercise environment for all kids and young people.

Read more about Thriving in Motion at <https://www.thrivinginmotion.org/> and our 2024 Annual Report (<https://www.thrivinginmotion.org/wp-content/uploads/2025/07/Thriving-2024-Impact-Report.pdf>)

Who We Are Looking For

We are seeking candidates who are committed to contributing to Thriving's mission and possess a strong understanding of the non-profit sector. Currently we are seeking candidates with expertise in one or more of the following areas:

- Governance & Strategy: Experience in board governance, strategic planning, and organisational development.
- Fundraising & Philanthropy: Proven track record in fundraising, donor relations, and securing grants or sponsorships.
- Marketing & Communications: Skills in brand building, public relations, scientific and/or health communication, digital marketing, and storytelling.

If you have a different but complementary skill set or area of expertise, keen to contribute to Thriving's mission and aligned with our values please get in touch as we would still love to hear from you and explore opportunities.

Expertise, capabilities and lived experience

To ensure its capacity to fulfil its current and future needs, the board aims to maintain the best possible balance of expertise, behavioural capabilities, and lived experience across the full board. These include:

- Governance qualifications (GAICD or equivalent is preferable).
- Experience working effectively with a board and CEO.
- A variety of technical and professional competencies.
- Excellent judgment and strategic problem-solving skills.
- Senior leadership and/or governance experience in relevant position/s within complex organisation/s of similar scope and size.
- Strong adaptive leadership skills, including consensus-building, conflict transformation, and co-design with diverse stakeholders.
- A track record of navigating contested or politically-sensitive environments with diplomacy and courage.

To ensure the organisation is responsive to the diversity across community, the board is supported by members of the Parent and Youth Advisory Groups, who play a critical role in ensuring the voice and experiences of those with lived experience are embedded across Thriving in Motion's operations.

We recognise the importance of lived experience and intersectional identities and therefore places additional importance on representation from the following communities:

- Trans, gender diverse and non-binary people
- People with a lived experience of disability
- People under the age of 30
- Culturally and racially marginalised communities

Benefits of Serving on the Board

- **Impact:** Make a meaningful contribution to a cause you are passionate about. Contribute your expertise to strengthen our resilience, partnerships, and impact
- **Leadership Development:** Gain experience and skills in governance, strategic planning, and non-profit management.
- **Personal Fulfilment:** Contribute to positive change in the community and help shape the future of the organization.
- **Contribution:** Help set the strategic direction of a fast-evolving NGO working at the intersection of health, rights, and gender equity, providing strategic oversight so we stay bold, focused, and accountable
- **Values:** Be part of a values-aligned, supportive board with a shared vision for social justice

Application Process:

- Send through an EOI with a brief outline of your skill set, experience and interest in the role to bonnie@thrivinginmotion.org
- We will organise a time for you to meet and discuss with a current board or executive team member anything related to the organisation and the role
- Successful and interested candidates will be offered a max 6-month advisory role to attend meetings and engage with the Organisation to determine if we are the right fit, and if keen to continue will be offered a 2-year commitment to a Board role (with the possibility of extension).